

# **Chapter 3 : People**

**‘Age’**

## Pre-birth: Patience

Pregnancy is a time of **anticipation**, excitement, preparation, and, for many new parents, **uncertainty**. The nine months of pregnancy will give you time to **have your questions answered**, calm your fears, and prepare yourself for the realities of parenthood.

## Birth: Hope

When a child is born, it **instills** in its parents and other **caregivers** a **sense of optimism**; a sense that this new life may bring something new and special into the world. **Hence**, the **newborn** represents the sense of hope that we all **nourish** inside of ourselves to make the world a better place.

+ Writing & Speaking Bonus: have sth + p.p

*I'm going to have my apartment painted.*

*I'd like to have my photo taken.*

*Could you have this jacket cleaned?*

*He got his washing machine fixed.*

1- anticipate (v)

regard as probable; expect or predict.

Some Examples:

*We had one or two difficulties along the way that we didn't **anticipate**.*

*At this stage we can't really **anticipate** what will happen.*

*The city was filled with **anticipation** in the weeks before the festival.*

## 2- instill (v)

to put a feeling, idea, or principle gradually into someone's mind

Some Examples:

*My parents **instilled** in me a love of reading.*

*These conversations may **instill** a certain amount of discomfort.*

3- nourish (v)

to provide people or living things with hope or food

Some Examples:

*This cream is supposed to help **nourish** your skin.*

*Lisa has long **nourished** the hope of becoming a famous writer.*

## Infancy (Ages 0-3): Vitality

The infant is a **vibrant** and **seemingly** unlimited source of energy. Babies **thus** represent **the inner dynamic of humanity**. Infants and toddlers **fuel** the fires of human existence.

## Early Childhood (Ages 3-6): Playfulness

When young children play, they **recreate** the world **anew**. They take what is around them and combine it with the what is possible to create something unique. In this way, they **represent** the **principle of innovation**.

+ Writing & Speaking Bonus:

seemingly: apparently —used to indicate how something appears or seems

*A seemingly endless line of trucks waits to load up.*

*She was seemingly unaffected by his presence.*

*He remains confident and seemingly untroubled by his recent problems.*



+ Writing & Speaking Bonus: anew  
in a new or different and typically more positive way  
/ once more; again

*She's ready to start anew*

*Tears filled her eyes anew*

*He's determined to begin his life anew*

*Our efforts must begin anew*

4- vibrant (adj)  
energetic and full of enthusiasm

Some Examples:

*Hong Kong is a vibrant, fascinating city.*

*The hope is that this area will develop into a vibrant commercial center.*

*He always uses vibrant colors in his paintings.*

5- principle (n)  
a basic idea or rule

Some Examples:

*This **principle** applies to all kinds of selling.*

*I agree with you in **principle**, but we'll need to discuss the details.*

6- principal (adj) (n)  
first in order of importance/ headteacher or the person in charge of a school

*Iraq's **principal** export is oil.*

*That was my **principal** reason for moving.*

## Middle Childhood (Ages 6-8):

In middle childhood, the sense of an **inner self** develops for the first time, and this self is alive with images from the **outer** world, and is **crafted** by their **playful** mind. This imagination **serves as a source of** creative inspiration in later life for artists, writers, scientists, and anyone else who finds their days and nights **enriched** with images from childhood.

## Late Childhood (Ages 9-11):

Older children have **acquired** a wide range of social and technical skills that **enable** them **to come up with** marvelous strategies and **inventive solutions** for dealing with the **increasing** pressures that society places on them.

## 7- enrich (v)

to improve the quality of something by adding something else

Some Examples:

*Fertilizer helps to **enrich** the soil.*

*My life was greatly **enriched** by knowing her.*

*The presentations could be **enriched** with more digital media.*

8- inventive (adj)

showing creativity or original thought

Some Examples:

*It inspired me to be more **inventive** with my own cooking.*

*She has a highly **inventive** mind.*

*The company is trying to design more **inventive** gadgets.*

## Adolescence (Ages 12-20):

The biological event of **puberty unleashes** a powerful **set of changes** in the **adolescent** body that reflect themselves in a teenager's sexual, emotional, cultural, and/or spiritual **passion**.

## Early Adulthood (Ages 20-35):

It takes a lot of effort for young adults to **accomplish** their many responsibilities, including finding a home and **mate**, establishing a family or circle of friends, and/or getting a good job. This stage is where go out in the world and ***make our mark***.

+ **Idioms** (for Speaking) : **make our mark**

*The actress first made her mark with her incredible performance as Lady Macbeth on Broadway.*

*I chose to pursue a career in medical research so that I might someday make my mark in the world with a discovery.*



Midlife (Ages 35-50):

After many years in young adulthood and **following society's scripts** for creating a life, people in **midlife** often **take a break from worldly responsibilities** and think about future. This element of **contemplation** represents an important example of the fact that we can change the **course of our life** at any stage.

Mature Adulthood (Ages 50-80):

Those in **mature adulthood** have raised families, established themselves in their work life, and become **contributors to the betterment of society**. All of humanity benefits from their works.

10- contemplate (v)  
think deeply and at length.

Some Examples:

*Jack went on vacation to **contemplate** his future.*

*It is very difficult to **contemplate** going there with all that in one's mind.*

*He spent many hours in deep **contemplation**.*

11- betterment (n)  
improvement

Some Examples:

*Several changes have been made for the **betterment** of the sport*

*What they were doing was vital for the **betterment** of the society.*

*This company tries to **better** the conditions for the disabled.*

Late Adulthood (Age 80+):

Those with long lives have acquired a **rich repository of experiences** that they can use to help guide others. Elders represent the source of wisdom that exists in each of us, helping us to **avoid the mistakes of the past.**

11- repository (n)

a place where things are be stored

Some Examples:

*She was a **repository** of all his secrets.*

*My father is a **repository** of interesting facts.*

*No manmade nuclear **repository** could cope with this kind of natural event.*